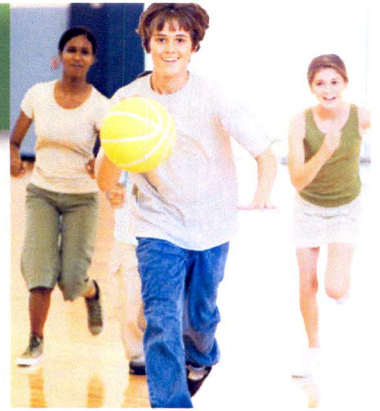


Play It Safe Speaker Series

The Matthew J. Morahan Health Assessment Center for Athletes through Barnabas Health presents "PLAY IT SAFE" LECTURE SERIES."

Please take advantage of one of the educational seminars provided by our MJM lecture series in February to provide you with valuable information on screening student athletes throughout the sports season.



Play It Safe – for Parents

Thursday, February, 9, Conference Room A/B 6:30 p.m.- 8:30 p.m.

Learn how you can help to keep your children safe! Get educated on the growing need for cardiac and concussion screenings and how your children can play it safe during their sports seasons. This event will also provide information on concussions and cardiac issues in student athletes. This lecture will detail The Matthew J. Morahan Health Assessment Center for Athletes at Barnabas Health and how we are working with your community and the school systems to promote safe play and education for your child's well being. Food and refreshments will be provided.

Speakers:

Diana Toto, M.S. Exercise Physiologist, Program Coordinator

Matthew J. Morahan Health Assessment Center for Athletes at Barnabas Health

Carole A. Andreou MAOTR, CHT Director Comprehensive Outpatient Rehabilitation Services

Play It Safe - For Coaches, Athletic Trainers, Rec. Dept. Staff and Teachers

Wednesday, February 15, Conference Room A/B 6:30 p.m.-8:30 p.m.

Please take advantage of this educational seminar to learn valuable information on keeping your student athletes safe on and off the playing field. This seminar will offer information on neuro-cognitive ImpACT testing and cardiac screening as valuable assessment tools to contribute to the safety of our student athletes. This session will also provide education on symptoms of concussion, second- impact syndrome, and return to play after a head injury based on supporting research. In addition, it will also offer insight on specific cardiac warning signs and congenital heart abnormalities related to sudden cardiac death during competition. Food and refreshments will be provided.

The program will start promptly at 6:30 to allow for time to answer questions. We appreciate your attendance!

Speakers:

Diana Toto, MS, Exercise Physiologist, Program Coordinator

Matthew J. Morahan Health Assessment Center for Athletes at Barnabas Health

John Shumko, MD, Medical Director of Sports Medicine, Injury, and Assessment

John Gallucci Jr., MS, ATC, PT, DPT, President, JAG Physical Therapy, Medical Coordinator, Major League Soccer

2 CEUs will be offered for this Seminar.

Barnabas Health Ambulatory Care Center

200 South Orange Avenue, Livingston, NJ 07039

(Across from Livingston Mall)

The Matthew J. Morahan III Health Assessment Center for Athletes provides education, evaluation and assessment of sports injury and sports-related cardiac and concussion screenings.

To register for one of these dates please RSVP by calling 1.888.724.7123 prompt 4 or email TeamLINK@barnabashealth.org.



Matthew J. Morahan, III Memorial
Health Assessment Center for Athletes
at Barnabas Health



barnabashealth.org